

# Recommended Standardized Brazilian Jiu-Jitsu Belt Structure



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## Practitioner



## Competitor

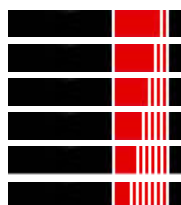


For wear to distinguish between opponents and for scoring purposes.

## Instructor



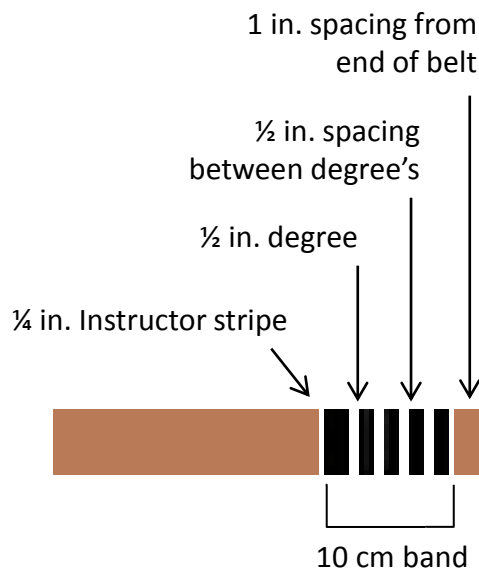
## Professor



## Master



## Grand Master



**Practitioner:** A student who attends class and does not instruct.

1. White belts will use black degree stripes, 1/2 inch wide.
2. Blue belt practitioners will wear a light blue belt.
3. Each belt above white, except black, will have a 10 cm black band and white degree stripes. The black belt will have a 10 cm red band which is to be added after 1 year.

**Instructor:** A Practitioner who has been found able to provide instruction under a Professor *and* has completed a Instructors course. Black belt Instructors may promote students to brown belt with their Professors permission.

1. Blue belt Instructors will wear navy blue belts.
2. Instructors will wear two white stripes, 1/2 inch wide on the outer edges of the 10 cm band.

**Professor:** An instructor who has completed an Instructor and Professors course *and* has held the rank of black belt for at least 2 years. Professors are authorized to promote students to one degree below their own rank.

1. Professors will wear two white stripes, 1/2 inch wide, on the outer edges of the 10 cm red band.

**Master:** A Professor who has met the time and age requirements.

**Grand Master:** The highest attainable rank is the 9<sup>th</sup> degree red belt. The 10<sup>th</sup> degree red belt is reserved for the originators of Brazilian Jiu-Jitsu.